

# Creative Communion



**Hint:** if someone is not ready to share in Communion you could offer them some grapes & a biscuit!

1. **Choose a creative, enjoyable place to share a meal, or a picnic with some friends.**  
+ grab some juice (e.g., grape juice), or wine & some bread.  
You could bake the bread yourself + if you have kids, they could help!
2. **Make a picnic, bring a blanket, find a table, or you could sit on the ground somewhere sweet.**  
If you'd rather be inside, that's fine too; just try to think how you could make the space special!  
Some music? A blanket on the floor? Bring your teddies? Or a candle in the dark?!

3. **If you are having other food, will you share your Communion at the beginning or the end?**  
Whichever you choose, just be sure to take a little bit of time to explain...

**& to get as many of the people who are with you involved:**

draw a cross in the sand, with some sticks, leaves or stones, read the story, set up the bread & the drink, find some flowers, hold up a picture or draw a picture of Jesus with his friends.

4. **Have a chat / inquire:** What is Communion? What does it mean?  
What other stories, words, or thoughts come to mind?  
Can you think of any foods / drinks that bring back memories?  
What does this meal (the bread & the drink) tell us about God?



5. **An invitation to share in the meal—have someone** (perhaps a child) **to ask the questions below:**

**Question: Who are we remembering & who is here with us?**

Answer: Jesus Christ, our Lord & Saviour who lives today.

**Question: Why do we break & eat bread?**

Answer: To remember that Jesus' body was given up to death for us.

**Question: Why do we take & drink wine?**

Answer: To remember that Jesus blood has been shed for our sin.

**Question: Why is there one loaf of bread & one cup?**

Answer: Because in Jesus, we are one (family); we belong to Jesus, & so also to each other.

**Question: For how long will Christians share in this meal?**

Answer: Until Jesus returns in his glory.

6. **Read / tell / share the story of The Last Supper:**

from The Jesus Storybook Bible (pgs. 286-292, or, to be quick, just from page 292),  
from the Gospels (Matt. 26:17-30, Mk. 14:12-26, Lk. 22:7-39), or from 1 Corinthians 11.

7. **Pray first** (an example is below) **& then share the meal:**

**We are gathered in this place to celebrate life:**

**The life of God in the world**, the life of God in Jesus, & the life of God in us.

**We come to eat & to drink**, to remember the story of Jesus again.

**We come to be forgiven**, to be renewed in our faith, & to receive words of hope.

**We will be blessed**, as we share this meal with a God who truly loves to bless.

8. **To conclude:** You could offer a prayer of thanks, & to pray for one another,  
+ share about a time in your life when:

you were most deeply in love with God,  
you were most keenly aware of God's love,  
your most memorable experience of Communion.